



Great Torrington Town Council

Essential Suppliers in Great Torrington

Name of Business	Phone Number	Card orders taken?	Delivery offered?	Cost of Delivery	Additional information
Number 37 (Deli)	01805 622900	No	No	N/A	At present (19 Mar 2020) no deliveries but is under consideration. Click and collect service is offered: orders taken over the phone and customer to pay on collection
Duffys Home Hardware	01805 622496	No	Yes	Free	Currently looking at a card system to take money for orders over the phone
Xanadu (Groceries)	01805 622709	Yes	Yes	Free	Orders must be over £5
R&S Ware (Butcher)	01805 622191	Yes	Yes	Free	Delivers within Great Torrington daily
Whiskers Pet Shop	01805 622859	Yes	Yes	Free	Orders must be over £5
Spar (Groceries)	01805 624222	No	No	N/A	Will accept orders over phone and customer pays on collection. They will bring orders to the car if parked outside. New opening hours from 20 Mar 2020: 7am to 8pm.
Co-op (Groceries)	01805 622267	No	No	N/A	
Black Horse (Pub)	01805 622121	Yes	Yes	Free	Offering roast lunches for £5 per head
Squires Electric	01805 622807	Yes	Yes	Free	
John Patts (Green Grocer)	01805 622807	Yes	Yes	£1.99	Orders must be over £10
Sandfords (Bakery)	01805 622189	No	No	N/A	
Green Lantern (Bakery)	01805 622178	No	Yes	Free	Orders must be over £4 and paid for on delivery
Lloyds Pharmacy	01805 622174	No	No	N/A	
Steve Gladwin (Butcher)	01805 624565	Yes	No	N/A	
Fine Floral Designs (Florist)	01805 938946	Yes	Yes	Free	Free delivery within a 6-mile radius of Great Torrington

Please note: The information provided in this leaflet is correct as of 19 March 2020.

The Town Council has the contact details for many other shops and businesses in town so please contact us on 01805 626135 or via email: admin@great-torringtontowncouncil.gov.uk if you would like us to share these with you. They are also published on our website: www.great-torringtontowncouncil.gov.uk



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Contact details for useful organisations

Name of Organisation	How they can help	Contact Details
Public Health England	Latest information and advice on Coronavirus	https://www.gov.uk/government/organisations/public-health-england
Citizens Advice	Provide a wide range of advice across a number of topics	Website: www.citizensadvice.org.uk Phone: General advice: 03444 111 444; Help with Universal Credit: 0800 144 8 444
MIND	Mental health charity providing wide-ranging information and support to those feeling depressed or anxious	Website: www.mind.org.uk Phone: 0300 1233393
Anxiety UK	National charity helping people with anxiety	Website: www.anxietyuk.org.uk Phone: 0344 477 5774
Samaritans	Provide support and information to anyone having a difficult time or if you are worried about someone else	Website: www.samaritans.org Phone: 116123
SHOUT	Helpline for anyone feeling anxious, worried, stressed or feeling isolated. 24/7 service: free confidential advice	Text SHOUT to 85258
Clarity Counselling	Mental health charity in Barnstaple providing services and support to people experiencing mental health and emotional issues	Website: www.claritynorthdevon.org.uk Phone: 01271 267474 Email: clarity.northdevon@yahoo.co.uk
The Moorings @ Devon	The Moorings @ Devon offers out-of-hours mental health support to anyone aged 16+ in the Devon area	Phone: 07850 927064 Email: devonbarnstaple.mhm@nhs.net
Great Torrington Foodbank	Opening times: 10am - 12noon: Tuesdays at the Baptist Church; Saturdays at Castle Hill Building (above Library)	Phone: Shirley Bere: 01805 623887 or Dave Martin: 01805 623175
HMRC	Helpline for self-employed: 9am - 6pm Monday to Friday	0300 4563565
Torrington Health Centre	GP Surgery	01805 622247
Castle Gardens Surgery	GP Surgery	01805 623222